

# IAPM 3rd Annual Scientific Meeting

Saturday 26th May 2012

Brehon Hotel, Killarney [www.brehon.com](http://www.brehon.com)



Check IAPM website for updated ASM details (abstracts, registration etc.)  
<http://www.theiapm.ie/activities/asm2012>

## How to book on site accommodation

**The Brehon & Angsana Spa - 4\*** The Brehon Hotel: Conference Venue  
Rated as Ireland's best 4\* hotel by the Irish Tourist Board, Fáilte Ireland.

An outstanding and luxurious hotel where we blend the best of the old and new under a banner that proclaims our heritage. With your every requirement in mind each of the one hundred and twenty-three rooms have been designed with exceptional style and grace. We invite you to experience our legendary reputation for hospitality.

RATES: 25th and 26th May  
€150 per room per night Double Occupancy | €120 per room per night Single Occupancy

Families  
Children 0-3 No charge sharing parents room  
Children 3-14 €25.00 per child per night Bed and Breakfast sharing parents room

**Web Bookings can be made by clicking on this link:**  
<http://goo.gl/NIZPr>

**For telephone bookings please call 064 6671543 please quote IAPM conference.**  
Please note one night bookings or family room requests can only be made by telephone.

### The Angsana Spa

First Phuket, Maldives, Sri Lanka and now Killarney. Europe's Flag ship Angsana spa at The Brehon offer an extensive range of non clinical treatments and massage to refresh and revitalize the physical being. All our Thai Therapists have been extensively trained at the Banyan Tree Academy in Phuket and have been part of the Brehon Family since it opened in 2004. Residents can use the vitality suite free of charge.

**There are 8 treatment rooms but treatments must be booked in advance by calling 064 6623917.**



THE BREHON  
KILLARNEY



ANGSANA  
Spa

THE BREHON, KILLARNEY  
IRELAND

### The River Apartments - 4\* Self-Catering

Rooms: 58 Two-bedroom Apartments | Distance from Venue: 50m from The Brehon

Located just 50 metres from the venue, the spacious 4 star River Apartments have 2 bedrooms, two bathrooms and a living area. Each apartment sleeps up to 4 people comfortably.

Apartment facilities include: • Kitchen - Refrigerator - Tea/Coffee • Microwave - Toaster - Oven & Hob • Large television with Multi-Channel TV • Direct dial telephone • Iron & Ironing board • Linen & Towels supplied • Our Housekeeping service is also available on request. Apartments: Bed and Breakfast

Rates 25TH AND 26TH May  
€120.00 for 2 people sharing per night, rate includes breakfast served in The Brehon  
€165.00 FOR 3 people sharing per night, rate includes breakfast served in The Brehon  
€200.00 4 people sharing per night, rate includes breakfast served in The Brehon

Children: NO charge 0-3 years.  
Children aged 4 years + will be billed at the adult rate based on number of people sharing an apartment.

IAPM Conference delegates that book the River Apartments will check in on their day of arrival at The Brehon Reception and will have full access to The Brehon hotel restaurants, bars and Spa facilities.

**Web Bookings can be made by clicking on this link:**  
<http://bit.ly/yhmhZCP>

**For telephone bookings please call 064 6671550 and quote IAPM Conference**



THE RIVER  
APARTMENTS

GLENEAGLE • KILLARNEY



# How to get here

**By road:** Improved motorways means that journey times by road have been reduced. Expected journey times as follows  
Belfast 5-5.5 hours | Dublin 3-3.5 hours | Limerick 1.5 hours | Galway 2.5-3 hours | Cork 1 hour

**By Rail:** There is a regular train service from Dublin to Killarney, some trains involve a change at Mallow but there are direct trains daily. Reservations can be made at [www.irishrail.ie](http://www.irishrail.ie)

**By Air:** Kerry airport is located 11 miles outside the town of Killarney. TAXI'S can be booked in advance through Killarney Cab's by calling 064 6637444. Cost €25.00 for up to 4 people per single journey/€35.00 people carrier for up to 8 passengers single journey.

From Dublin Aer Arann operate two return flights daily from Dublin to Kerry. For bookings [www.aerarann.com](http://www.aerarann.com)  
FROM THE UK Ryanair operate one flight daily from both Luton and Stansted to Kerry airport, summer timetable not available at time of print. For information/bookings [www.ryanair.com](http://www.ryanair.com)  
Cork and Shannon International airports have daily flights from the UK. Information can be found on Aer Lingus and Ryanair web sites. Transfer times from Cork is 1 hour 15minutes (55 miles) and Shannon 1 hour 30 minutes (90 miles). Information on car hire as well as public and private transport can be found on the airports websites  
[www.corkairport.com](http://www.corkairport.com) | [www.shannonairport.com](http://www.shannonairport.com)

## The following excursions can be booked prior to arrival or while on site through The Brehon Guest Relations Desk

### Gap of Dunloe Full day

A tour about which words do not do justice – the Gap of Dunloe is truly spectacular! A valley created by glacial movement, the Gap of Dunloe is one of Ireland's most stunning natural attractions and is the pivot for a superb day out. At Kate Kearneys cottage there will be time for quick refreshments before travelling through this magical valley to the lakes by horse and trap. Sitting on the edge of Serpent's Lake is Lord Brandon's Cottage, previously a hunting lodge, and it is here that lunch will be served. After lunch boats will collect people to take them for the scenic and serene journey across the Lakes of Killarney. The boat trip ends at Ross Castle, the 14th century stronghold of the O'Donoghue Family, where there will be some time to wander around before being transferred by coach back to your hotel.



### Muckross House & Gardens Half day

The beautiful Victorian House & Gardens of Muckross Estate are nestled in the overall 25,000 acre National Park, although the original estate is made up of 11,000 acres. This is one of Killarney's premier tourist attractions and a tour of the house gives an interesting and real insight into life in the "Big House" as it would have been during Victorian times. The collection of decorative arts is impressive, including some exquisite examples of Killarney Oak Marketry. The Capability Brown style grounds and gardens of Muckross house are home to many species of birds and other wildlife, such as squirrels, foxes, badgers, bats, shrews and voles. It truly is a nature lovers' paradise and visitors are invited to enjoy these grounds in their own time.



### Killarney Highlights Half day

This excursion takes you to a combination of the popular sights in Killarney including:

1. Aghadoe - overlooking the famous Lakes of Killarney are the monastery, round tower and ruins of a 12th century castle built on this townland.
2. Ross Castle – Built in the 14th century by the O'Donoghue Clan this was the last Irish Castle to fall to Cromwellian forces. Guided tours are available.
3. Muckross Traditional Farms - Here visitors get to step back in time and visit three traditional working farms of varying size. Each farm is complete with livestock, poultry and old style machinery etc. Visitors can also take the opportunity to view a labourer's cottage, a carpenter's workshop, a harness maker and a blacksmith's forge. The houses are furnished in the traditional manner, and include such items as the dresser, settlebed and mealbin.
4. Torc Waterfall - This is a sight to behold as the water cascades over the 60ft rock face, it is even more spectacular after heavy rains when the water is gushing down to the falls from the mountains. You can ascend the flight of steps to the top of the falls for a stunning view of Killarney valley and lakes. We at The Brehon will happily arrange your activity programme during your stay with us. Let us know your requirements and we will take care of everything.



### Golf - [www.killarney-golf.com](http://www.killarney-golf.com)

Killarney Golf & Fishing Club is one of the oldest, well established and internationally recognised Clubs in Ireland. It has a membership of over 1,700 members from all over the world and the Club's location is one of the most enviable in the World. The Club boasts three 18 hole Golf Courses which offer variety for those conference groups that want to incorporate Golf into their social activities. Killarney Golf & Fishing Club hosted the Irish Open 2010.

